

ZESTY AVOCADO CHICKEN SALAD

Serves 8

Ingredients

- 4 cups cooked and chopped **rotisserie chicken**, skin and bones removed
- 2 **avocados**, pitted, peeled and mashed
- 4 **scallions**, green and white parts, thinly sliced
- 2 stalks **celery**, diced
- 3 tablespoons **lime juice**
- 1/4 cup chopped **cilantro**
- 1 teaspoon **cayenne pepper**
- **Salt and pepper** to taste

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Directions

- 1 Mix all ingredients in a large bowl.
- 2 Pair with whole-grain crackers or bread, serve over lettuce, or simply enjoy by itself!

Nutrition Facts*

1 serving

Calories: 210

Protein: 19 grams

Total Carbohydrates: 7 grams

Dietary Fiber: 4 grams

Total Fat: 12 grams

**Nutrition facts are an estimate and vary based on serving size.*